



A New Chapter



You are the author of the book that is your life. You may not be in control of all of the characters (people) in your life, but you get to decide what happens next. If things aren't going particularly well, end the chapter and start a new one. Title it what you want. The new year is a great time to start a new chapter. You decide what path your story takes. Say goodbye to the old and hello to all things new: hobbies, friends, goals, risks, adventures, plans, or whatever your life needs. And remember, you are the author, so you are in charge. Take your story wherever you please