

## Fried Rice



1 cup uncooked long-grain rice

2 eggs

1 c frozen petite peas

1 carrot, diced

½ c diced onion

1 c cooked chicken or ham, chopped

4 T butter

2 T soy sauce

salt and pepper to taste

Cook rice with 2 cups water (according to package directions). Cool to room temperature. Meanwhile, scramble eggs. Set aside. Melt butter in fry pan. Combine rice, eggs, peas, carrots, onions, chicken/ham, and soy sauce. Add to pan and cook on medium heat for 8 minutes, stirring often. Salt and pepper to taste. Rice will probably not require much, if any, salt as the soy sauce is salty enough. Great with sweet and sour chicken.