



How to Freeze Peaches



fresh peaches*

lemons, juiced

sugar

Place 3-4 peaches at a time in boiling water for 30 seconds. Remove peaches using slotted spoon and immerse in ice water until cooled. Slide skins off, starting at the stem area. Cut each peach in half, remove pit, and slice each half into 4-6 slices. Place in large bowl. Pour lemon juice over peaches to prevent browning (juice of 1 lemon for every 15 peaches). Toss lightly to coat each slice. Pour sugar over sliced peaches (1/4 cup sugar for every 2 cups of sliced peaches) and toss again. Let sit for 10 minutes or until peaches are juicy. Label quart freezer Ziploc bags with date. Place 2-3 cups sliced peaches in each bag and seal after removing air. Lay flat to freeze.

*1 quart bag = 3-4 peaches