



Pick Your Battles



If you are a parent and you're always feeling at odds with your kids, here's a tip: pick your battles. Is it really so important to argue about how they do their hair or what color clothes they choose to wear? You don't want to be constantly battling them, so choose your battles carefully. Battles worth picking: drugs, obeying the law, and smoking. Those are good battles to choose.

How do you know which battles are good to choose? Well, ask yourself if it has lifelong consequences. If the answer is "yes" then it is probably a battle worth picking. If it won't matter in one year or even next week, it's probably not worth the fight.

We need to use good judgment and definitely want the best for our kids, but if you're always battling about the little stuff, how are they going to know what the big stuff is and its importance?