

Sunscreen Your Nose



It's getting to be that time of year . . . summer. So, here's my best summertime advice: sunscreen your nose. That's all. Well, and your shoulders too. You don't want to be "that" person in the vacation photos. The one with the bright red nose. And you certainly don't want to feel the pain of sunburned shoulders the next morning either. And did you know that old sunscreen loses its ability to be effective? So, get some current sunscreen. Sounds like fashion advice: "stay current." Haha!