



Taco Seasoning



1 T chili powder

1½ t ground cumin

1 t sea salt

1 t fresh ground pepper

½ t paprika

¼ t garlic powder

¼ t onion powder

¼ t crushed red pepper flakes

¼ t dried oregano

Place all ingredients in a spice jar and shake until combined. Add 1-2 tablespoons taco seasoning and ½ cup water to cooked meat and simmer for 10 minutes. Serve in Mexican dishes. Garnish with cheese, lettuce, tomatoes, onions, olives, guacamole, salsa, sour cream, etc.