



Thanksgiving Food



Dare I say that food is what makes the holidays “happy”? Especially Thanksgiving. It is all about the food!! And over the years I’ve incorporated some traditions from when I was young along with some new traditions that have caught on more recently. The following is a list of my favorite Thanksgiving foods:

Appetizers:

Banana Crush (totally my grandma’s tradition!!)

Cheese Ball (a family favorite)

Relish Tray (to feel like we are eating something reasonably healthy)

Meal:

Turkey/Ham/Chicken (yes, sometimes I roast a chicken . . . you can laugh!)

Gravy (a no-brainer)

Stuffing (such a tradition)

Green Beans and Bacon (I know, you’d think the relish tray would be enough vegetables!)

Strawberry/Banana Jell-O (a nice cold addition to the otherwise warm food)

Apple Yam Casserole (sweet, with a lemon sauce)

Mashed Potatoes (the best mashed potatoes on the planet!)

Orange Rolls (to die for!)

Corn (in honor of the first Thanksgiving)

Dessert:

Pecan Pie (a fantastic way to top off the meal)

To Serve Anytime (or all the time!):

Caramels (a tradition . . . something my Aunt Pat N. always brought to Thanksgiving)

Fudge (it isn’t the holidays without fudge)

Happy Thanksgiving!