



The Moments



There are times when “moments” occur with those you love, and if you are open to it, they’ll happen. Don’t rush through life and miss the moments. One evening last summer we found ourselves hanging out on the trampoline in the backyard. It was getting dark, about time to head inside, when we found ourselves looking up at the stars and chatting about everything and nothing. Laughing. Sharing. Just being with each other. It was tempting to say, “hey, it’s getting late, let’s head inside and get some sleep.” But I realized something bigger was happening than bedtime. A moment. Where we were laughing and connecting and having quality time together. And that, my friends, is priceless. Be aware and ready for the moments and when they happen, take your time, soak it all in, and enjoy them.