



Tropical Green Salad



1 bunch romaine lettuce, washed and chopped

1 c fresh pineapple, diced

1 c diced ham

6 slices bacon, cooked and crumbled

2 green onions, chopped

½ c macadamia nuts, chopped and toasted*

¼ c flaked coconut, toasted*

salt and pepper

creamy pineapple or pineapple vinaigrette dressing

Toss lettuce, pineapple, ham, bacon, onions, macadamia nuts, and coconut. Drizzle with your choice of dressing. Salt and pepper to taste.

*To toast nuts and coconut, spread in a thin layer on a baking sheet and bake at 350°F for 7-10 minutes or until golden brown, stirring occasionally.